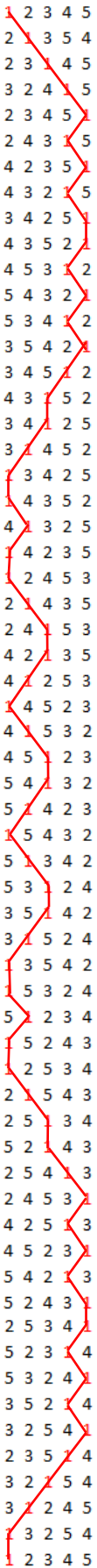


# Stedman Doubles - Plain Course

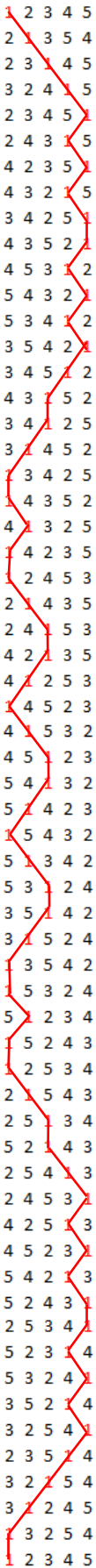


Stedman is a **Principle** not a **Method** because every bell follows the same pattern – there is no hunt bell.

## Key Phrases

- out/in quick hunt straight out (or in)
- out/in slow hunt out (or in) but make 3rds on your way
- lead wrong leading back stroke first, then hand stroke
- lead right leading hand stroke first, then backstroke
- whole turn lead for two blows, seconds for one blow, lead again for two blows  
*you get two whole turns in a plain course (the first one is lead wrong, snap, lead right, the last is lead right, snap, lead wrong)*
- half turn lead for one blow  
*again you have two half turns in a plain course (the first is at hand stroke, the last at back stroke)*
- slow work consists of
  - in slow
  - first whole turn
  - 3rds
  - first half turn
  - 3rds
  - last half turn
  - 3rds
  - last whole turn
  - out slow
- quick work consists of
  - double dodge up
  - lie
  - double dodge down
  - in quick
  - lead
  - out quick
  - double dodge up
  - lie double dodge down

On the line opposite, mark which leads are wrong and which are right. Then mark which half turns is at back stroke and which at hand stroke. Also highlight the quick work and slow work.



## Rope sight

- in slow follows bell A, bell B, bell A again, then lead
- out slow bell X takes you off lead, then bell Y for first blow in 3rds, then X again – up to double dodge
- the bell you snap over in your first whole turn is the one you snap under in your first half turn
- the bell you snap over in your last half turn is the one you snap over in you last whole turn
- making 3rds in the slow is always bell A, bell B, bell A again, bell B again then lead – different bell A and B each time and different to in slow bell A and B.

## Starting Positions

treble	half way through quick work - out quick, dodge, lie, dodge, start slow work
2	last whole turn of slow work
3	3rds and down to first half turn of slow work
4	one blow in 5ths, and start slow work (in slow)
5	just starting the quick work (half way through first dodge of the quick work)

On the line opposite, mark the starting positions of the other bells.